



STARTERS

Yam Fries cayenne aioli VEGAN, GLUTEN FREE	7
Fried Brussels Sprout sherry vinaigrette, toasted garlic, parmesan AVAILABLE VEGAN, GLUTEN FREE	9
Avocado Toast Macrina seeded baguette, chunky avocado, almonds, pickled beets, pistachio nigella sesame drizzle VEGAN	8.5
Wild Mushroom Bruschetta gorgonzola, roasted garlic and caramelized onion spread, saba AVAILABLE VEGAN OR GLUTEN FREE	10
Veggie Quinoa Fritters tahini yogurt sauce AVAILABLE VEGAN, GLUTEN FREE	10
Hummus Plate hummus drizzled with sumac oil, marcona almonds & fried olives, fresh seasonal vegetables VEGAN, GLUTEN FREE (add grilled pita \$1)	11
PNW Quesadilla farmer's market vegetables, avocado, cheddar & smoked mozzarella, snappy sauce, sour cream	12
E N T R E E S	
Floret Rice Bowl seasonal roasted vegetables, tamari, crispy sriracha tofu, brown rice (add fried egg for \$2) VEGAN, GLUTEN FREE	16
Oaxaca Tacos corn tortillas filled with cheesy mashed potatoes, served with black bean stew, smoky braised greens, avocado, fire roasted salsa & lime sour cream GLUTEN FREE	18
Winter Quinoa Bowl roasted beets, kale, crispy chickpeas, fried leeks and basil pesto VEGAN, GLUTEN FREE	18

please inform your server of food allergies or dietary restrictions before ordering

*consuming raw or undercooked eggs may increase your risk of food borne illness

SALADS & SANDWICHES

Caesar Salad baby kale, herbed croutons, parmesan, fried capers AVAILABLE VEGAN & GLUTEN FREE	7.25/11.50
Superfood Salad kale, spinach, cabbage, broccoli, carrot, dried cranberries, chia seeds, almonds & cilantro citrus vinaigrette VEGAN, GLUTEN FREE	14.50
Mixed Green Salad local greens, cucumber, radish, sunflower seeds, balsamic vinaigrette VEGAN, GLUTEN FREE	7.25/11.50
Black Bean Burger grilled black bean burger, mama lil's pepper aioli, chunky avocado, field greens, served on a soft potato roll AVAILABLE VEGAN OR GLUTEN FREE served with choice of green salad or yam fries (add cheddar \$1, gluten free roll \$2)	15.75
Portobello Mushroom French Dip portobello mushrooms, caramelized onions & swiss cheese on a seeded baguette with mushroom garlic au jus AVAILABLE VEGAN OR GLUTEN FREE served with choice of green salad or yam fries (gluten free roll \$2)	15.75
BBQ Jackfruit Sandwich barbequed jackfruit topped with creamy coleslaw on a soft potato roll AVAILABLE VEGAN OR GLUTEN FREE served with choice of green salad or yam fries (add cheddar \$1, gluten free roll \$2)	15.75

DESSERTS

Coconut Cake coconut almond filling, mango coulis VEGAN	8.50
Chocolate Mousse VEGAN, GLUTEN FREE	8.50

Please come visit us at our Madison Valley location
2901 EAST MADISON ST. / SEATTLE 98112

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Floret by Cafe Flora is committed to partnerships with local farms & vendors to provide you fresh, sustainable vegetarian & vegan fare while highlighting the natural bounty of the Pacific Northwest.